

Neuropathy Treatment Frequently Asked Questions

1. How many treatments will it take? The neuropathy treatment protocol calls for 24 sessions over three months. Three sessions per week for the first month; two sessions per week for the second month; one session per week for the third month.

2. How long before I start to feel better? Most patients will start to feel some improvement within the first month of treatment. Optimal results will take closer to the prescribed three-month window, and sometimes longer depending on the severity of your condition. Remember, the delicate healing of damaged nerves is gradual, not instant.

3. How much will treatment cost? Laser therapy is \$50 per session (x24). Electroanalgesia is \$25 per session (x24). Neuropathy protocol patients are also prescribed Foot Levelers custom orthotics (\$275), a Foot Wheel (\$25), and nutritional supplements (\$75 per month). Chiropractic adjustments are about \$35 per session, depending on insurance coverage (x24). In total, the program will cost about \$3,165 out-of-pocket over three months.

4. Does my insurance cover any of this? Chiropractic adjustments may be a covered service through your insurance, but all other aspects of the program are not covered and will not be billed to insurance. Please keep in mind our program costs about half as much as clinics in the Twin Cities with similar neuropathy treatment protocols.

5. Are there different payment options? Yes. We have a variety of flexible payment options including monthly and weekly as well as through Care Credit. Our staff will review an individualized program plan and help you decide which payment method is best.

6. Is treatment guaranteed to work? Nothing in healthcare can be 100% guaranteed. However, this program is scientifically sound and has been used throughout the country with an 85-90% success rate.

7. Are there any side effects? In short, side effects are highly unlikely. We carefully screen laser patients to be sure there are no contraindications. We have used laser therapy in our office for several years and have had no reported side effects. Some of the nutritional supplements can cause digestive upset, so dosages may need to be modified; though again this occurs very rarely. People do not die from nutritional supplements, but well over 100,000 die each year from prescription drugs. Some patients experience mild discomfort or soreness in the arches of the feet when getting used to wearing the custom orthotics, but this typically only lasts a week or two. Electroanalgesia can produce burns if used at the incorrect settings, but our staff has been trained to use the machine properly to minimize this risk. This would be a rare and certainly not life-threatening side effect.

8. How long will each treatment session take? You will be in the office for about 60-75 minutes each session.

9. Can I just try a few treatments to see if it helps? Honestly, it is a bit pointless to do only a few sessions. The program protocol was carefully and specifically designed to give you the best chance for symptom relief. As stated above, the delicate healing of damaged nerves is gradual, not instant. Doing only a few sessions is not going to be a good use of your money because only a few sessions simply will not give you the relief you desire. Most patients will start to feel some improvement within the first month of treatment. Optimal results will take closer to the prescribed three-month window, and sometimes longer depending on the severity of your condition. Following the program as recommended is the best way to proceed.